



Open the door to the world for your child

FAMILY RESOURCE NETWORK

JANUARY/FEBRUARY 2012



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A Final Note...from Pam Larsen

For sixteen years it has been my privilege to work for the Family Resource Network. During that time I have met so many wonderful people, and had the opportunity to see so many great families meet their challenges head on, that I consider these the best years of my life. I want to thank each and every one of you for the part you played in my journey. It was never work, it was always a joy to work with you.

I'm excited to announce that the board has hired Meghann Andrews Whitaker to assume the role as Executive Director. Meghann has worked for the agency for the past year as an advocate so we know her well and have complete confidence that she's the right person to lead the agency into the future. I hope you will give her the same support that you gave me during my tenure .

Introducing... Meghann Andrews-Whitaker



Greetings to all of you this New Year. I am honored to introduce myself, Meghann Andrews-Whitaker, as the new Executive Director for the Family Resource Network. Having worked as the Program Coordinator for Otsego and Delaware Counties I have had the privilege of working with many of you in the past and look forward to continuing our relationship in the future. My experience in the many facets of OPWDD, OMH etc. come from 11 years of workplace experience having been involved in area school districts, public health departments, a private contractor for several organizations, and as direct care staff with both Springbrook, and the foster care system.

Beginning at age ten my world shifted and I suddenly found my purpose. My youngest brother was born with Trisomy 8. When my family finally took the trip to the ER in Syracuse to see him for the first time my perception of everything changed. I saw my brother helpless, but I also saw my mother become a warrior. When I rode the school bus home from school the next day I saw children ridiculing another child and I stopped it. I took my mother's strength and invoked it- and it felt amazing. This can be a lesson to us all- you never know the strength within until you have to use it! I chose my field of study and bring myself to this job with these ideals and this knowledge hoping to share it with all of you.

The new year represents change for us all and the Family Resource Network is no exception. There have been changes in delivery of services with many more to come. It can be a confusing time for families, caregivers, and the children we serve. Change can be overwhelming without the proper tools and information. I feel that it is my mission, through this organization, to give you all of the supports you need to gain personal empowerment. All of the families who have had help through our programs know that knowledge is power. Some have become community advocates but first and foremost all are their families' advocate. I am so proud to have been chosen for this position and will do everything in my power to bring us through these tough times and complications to grow and blossom within this change.

In my new capacity I plan to carry on the amazing work that Pam Larsen and all the employees here have accomplished along with creation and implementation of new and innovative initiatives. Thank you Pam for your amazing dedication, and making this Network what it is today. Keep an eye out for us and know that I would appreciate any suggestions or ideas whether via our website: www.familyrn.org , or by phone (607) 432-0001. Thank you all for your continued support, I look forward to the future.

Executive Director:

Meghann Andrews-Whitaker

Advocates:

- Jackie Hunt
- Shelley Hubal

Autism Training Coord:

- Shelley Hubal

CCSI Programs

- Jim Geuder, Coordinator
- Terry DiLuzio, Chenango County
- Sandy DuMond, Otsego County

Residential Family Advocate:

- Michelle Zuk, Boys of Courage, Elmwood & Stillwater

Spec Education Parent Center:

- Roxane Carpenter, Director
- Kathryn Ryan, Education Specialist
- Nancy Bakhuizen, Resource Spec.

Dragon Dates Program Coord:

- Jackie Hunt

"It is much easier to succeed in the face of difficulty when one is not alone"



**OPEN
HOUSE**

Southern Tier Special Education Parent Center

Have you begun thinking about the future?

For parents of children with disabilities, this can be overwhelming. Let us help you explore the many options available for school, training, work, housing, recreation, money management, transportation and so much more! In NYS, schools and families must begin discussing transition when the child turns 12 years old.

Come to the Family Resource Network and let's talk!

January 10th 12pm –2pm or 5pm-7pm

January 24th 12pm-2pm or 5pm -7pm

To register: Send an email with the subject line "**SEPC/DAY + TIME**" to Register@FamilyRN.org. Please call 607-432-0001 for more information.



**Transition
Planning**

TEEN SCENE

Teen Scene is a group of youth, ages 12-20, who meet at FRN once a month to discuss issues that are important to them. Currently, our teens are working with Improvisation for Education (IFE), a *dramatic troupe* designed to help students have meaningful discussions regarding issues that they face. The teens discuss their personal experiences with topics such as: bullying, conflict & resolution, and other social issues. The youth then share their experiences through dramatizations that are shared with audiences at schools and other community organizations. We are currently planning dates for Spring activities and community events—call now to get involved!

Next Meeting is January 13, 2011 from 5:30-7:30pm at FRN

If you would like more information about Teen Scene, please contact FRN at 607-432-0001.

To register, email: Register@FamilyRN.org and include "Teen Scene" in the subject

The Basics of Social Stories

Often used in schools and other therapeutic settings for helping individuals with autism and other social difficulties, social stories describe situations or ideas by using cues, perspectives and reactions in a specific style and format. This method of social understanding reduces frustration and teaches individuals to better decipher events and expectations.

Please join us for this introduction to social stories.

About Our Speaker: **Jill Coleman, MA** is certified to teach Elementary Education, Students with Disabilities and has an annotation in Severe Disabilities (including Autism Spectrum Disorders). She is a consultant teacher for Binghamton Central School District's Alternative High School, Regents Academy and is the district-wide Autism Consultant.

Wednesday, January 18, 2011
6 p.m. to 8 p.m.
Lourdes Hospital
168 Riverside Drive
Binghamton, NY
East/West Dining Room

To register, please email your contact information to: Register@FamilyRN.org using the subject line: **Social Stories** or call 607-432-0001 for more information.

TEENS AND TECHNOLOGY

January 19, 2012

(Snow date - January 26, 2012)

5:15—6:30 p.m.

Chenango County Council of the Arts Auditorium
27 West Main St. Norwich, NY

Be informed about the following risks and consequences teens face today.

Our speaker is Trooper Peter J. Grunder, Troop "C" School and Community Outreach Coordinator.

Join us as Trooper Grunder:

- Identifies current on-line and electronic trends
- Highlights the risks of careless on-line behavior and reinforces on-line safety
- Addresses texting, sexting, blogs, chat rooms and consequences of risky or illegal on-line behavior including cyberbullying
- Provides strategies in addressing questionable or illegal on-line behavior

To register, please e-mail your Name, Agency/Affiliation, E-mail address, Phone number to the Family Resource Network at Register@FamilyRN.org. You may also register via our website - www.familyrn.org.

What You Need to Know: Legislative Issues for Families and Individuals with Disabilities

Join Family Resource Network, Inc. as we host Ruth Foster from Families Together in NYS for a workshop that will provide instruction and insight on the following topics:

mental health legislation, medicaid issues, autism legislation, how to meet with your legislator

Additionally, Ruth will be doing a survey of policy issues that are of concern in our communities.

About Our Instructor: Ruth Foster has worked with Families Together in New York State for ten years, first as the CCSI Coordinator and currently as Director of Public Policy. Ruth has also worked for a number of non-profit advocacy organizations including a national women's organization where she served as the publications director.

During her tenure with Families Together, Ruth has promoted policies that improve access to services for children with social, emotional and behavioral challenges, and their families. In addition to lobbying the legislature, working in statewide coalitions, and meeting with governmental

officials, Ruth has stressed the importance of the family voice in policy discussions.

Binghamton:

Friday, January 20, 2012

10:30am— 12:30pm

ACHIEVE - Front Entrance
125 Cutler Pond Road
Binghamton, NY 13905

Oneonta:

Wednesday, February 1, 2012

6:00pm—8:00pm

Family Resource Network
46 Oneida St
Oneonta, NY 13820

Registration is required. E-mail register@familyrn.org. please put "Legislative Bing" or "Legislative Oneonta" on the subject line and include contact information in your e-mail.

For more information, please call (607)432-0001.

South Central Parent to Parent



Parent to Parent of NYS is moving as of 1/1/12! Please check their website for updated contact information - www.parenttoparentnys.org



Dragon Dates



Do you have a child on the Autism Spectrum who needs more Social Skills outside of a regular school setting? Come join us by submitting an application on-line at www.FamilyRN.org/ or by contacting us directly at (607) 432-0001 and requesting an application. This program is designed for children ages 5-19 years old that are in need of more social skill activities and is held once a month at SUNY Oneonta. SUNY Oneonta graduate students are the activity leaders of the groups. Undergraduate students help guide the youth and staff from the Family Resource Network are also present to assist in the program. Community based Autism Consultants are on site to provide feedback and guidance to the college students. Activities include: games, crafts, yoga, music and much more. When the college students are on break we have done family activities in the community such as: roller-skating, horseback riding, and swimming.

As we head into the cold months winter has in store for us this year, many of us are nestled away in our homes with wood stoves and gas furnaces. Please read the following basic tips for fire safety.

Double Float Movie

Saturday, January 21st 3:30pm -5:30pm



Come to the **Oneonta YMCA** and have a smoothie or root beer float and then watch a movie while floating in the pool!
MUST be a registered Dragon Dates participant.
 RSVP to Jackie at DragonDates@FamilyRN.org
 or call Jackie at 607-432-0001 before 1/16/2012



Fire Safety for Individuals with Autism:

- Be sure that a smoke detector is placed in or near the person's room.
- Teach your child the basic fire safety tips (stop, drop and roll, etc.)
- It is imperative that one family member be specifically assigned the responsibility to get the person with ASD out of the home to a safe area.
- It is critical that this person also stay with their loved one to make sure that they do not try to come back into the home to retrieve a favorite object. Also, remembering that these individuals may become overwhelmed with sirens and lights that may cause them to flee the situation.
- Be proactive by taking them to your local fire department with as much information as possible about your loved one.
- Visit the firehouse often, so that they can become familiar with the uniforms and all the equipment that goes along with it.
- If your loved one is non-verbal, prepare a laminated card containing basic information about your loved one. Including allergies to medication.

This information is from: *Autism Society Improving the lives of all affected by Autism*).Retrieved 12/2/2011.

For more information, go to: www.asmonline.org/programs_law_fire.asp.

Parent Member Training

Did You Know: It is a requirement that all Committee on Special Education meetings have a parent member representative?

What is a Parent Member?

- Parent Members must have a child in special education (or have completed the special education program within the last 5 years).
- Parent Members MAY NOT be an employee of the district (even a substitute)
- Parent Members must complete this NYSED training provided by the Special Education Parent Center and Mid-South RSE-TASC 7

Sometimes it is easier for a parent to confide in another parent. Especially someone who has shared a similar experience. There are times that a parent member may have direct knowledge or simply unique insights about what the parent is hoping for as an outcome of the meeting. An effective parent member can help the parents articulate hopes, goals and concerns to the committee.

A parent members role is to listen to the discussion at the meeting and provide support to the parent, but not to speak for the parent. They are not an advocate. They are neutral parties who offer the parent another listening ear in the meeting to ensure clarity.

If your child participates in your school's special education program—if your child has an IEP- you have experienced the Special Education process. Parents who are new to the process could benefit from your experience!

January 26th 9:30am-1:30pm

Sidney Public Library 8 River St Sidney, NY

To Register: Please send an email with the subject line "Parent Member" to:

Exploring an Autism Friendly Classroom

What are the keys to success for a student with autism? Please join us for a review of this important subject. Some of the topics we will cover are: Structuring the environment, reducing distractions, successful transitions, visual scheduling, social stories and more. Parents are encouraged to attend and to bring their child's teachers and paraprofessionals.

About our Speaker: **Jill Coleman, MA** is certified to teach Elementary Education, Students with Disabilities and has an annotation in Severe Disabilities (including Autism Spectrum Disorders). She is a consultant teacher for Binghamton Central School District's Alternate High School, Regents Academy and is the district-wide Autism Consultant.

Wednesday, January 25, 2012
5:30 p.m. to 7:30 p.m.
Moore Memorial Library, Cynthia Raymond Room
59 Genesee Street Greene, NY

To register: Please send an email with the subject line Autism Classroom to Register@FamilyRN.org. Include contact information in the email. For more information, please call the Family Resource Network at 607-432-0001.

January 2012						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10 <i>SEPC Open House</i> 5:00-7:00 FRN	11	12	13 <i>Teen Scene</i> 5:30-7:30 FRN	14
15	16 Martin Luther King, Jr. Day Office Closed	17	18 <i>Social Stories</i> 6-8pm Lourdes	19 <i>Teens and Technology</i> 5:15-6:30pm Norwich	20 <i>Legislative Issues</i> 10-12:30 ACHIEVE	21 <i>Dragon Dates</i> 3:30-5:30 YMCA
22	23	24 <i>SEPC Open House</i> 5:00-7:00 FRN	25 <i>Exploring an Autism Friendly Classroom</i> 5:30-7:30 Greene Public Library	26 <i>Parent Member Training</i> 9:30am-1:30pm Sidney Public Library	27	28
29	30	31				

February 2012						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>Legislative Issues</i> 6-8pm FRN	2 <i>Kid-in-a-Book</i> 6-8pm Norwich YMCA	3	4
5	6	7 <i>Homework Battles</i> 6-8pm FRN	8	9 <i>Health and Sexuality</i> 10am-12:00pm Ithaca	10	11
12	13	14 <i>Legislative Awareness Day</i> Albany, NY	15	16 <i>Therapeutic Play</i> 10am-12:00pm Vestal Public Library	17	18
19	20 <i>President's Day</i> Office Closed	21	22	23	24	25
26	27	28	29			

Kid-in-a-Book



Do you have trouble keeping track of all the papers you get from the school, doctors, dentists, counselors and therapists? Do you have all their numbers handy? Can you remember which one you saw last? Do you have all of your child's IEP's together? Need help organizing all these important pieces of information? Come to this meeting and **Kathy Ryan** from the *Special Education Parent Center* will help you put it all together. You will leave here with the binder, tools and skills needed to organize your child's medical and educational history!

February 2nd

6pm—8pm

YMCA Norwich

To register, please send an email with the subject line: **KIB** to Register@FamilyRN.org. Please include your contact information in the email. Call 607-432-0001 for more information.

Homework Battles

Battling with your special needs child to accomplish homework can be an exhausting chore. These difficulties can also have a lasting effect on your child's future as well as the dynamics of your family.

Please join us as Certified School Psychologist Dr. Stephen Phelps examines this important topic and shares insights and secrets for getting through homework with less hassle. Additionally, Dr. Phelps will examine several ways to successfully work with your child's school to resolve specific homework difficulties.

About our Speaker: **Dr. Stephen Phelps** is a licensed psychologist and certified school psychologist with over 33 years of experience

in New York State schools working with children and families. Dr. Phelps endeavors to make psychological information understandable and relevant to parents combining his experience with a practical and informal style. Working with your child's school just got easier!

Date: Tuesday, February 7, 2012

Time: 6 p.m. to 8 p.m.

Place: Family Resource Network
46 Oneida Street
Oneonta, NY



To register: Send an email with the subject line **Homework** to Register@FamilyRN.org. Please call 607-432-0001 for more information.

Health and Sexuality for Youth with Disabilities: A Workshop for Parents

For young people with special needs there is a vital need for guidance on issues of healthy sexuality and personal safety.

This workshop for parents will begin to outline important facets of educating youth with disabilities on issues of sexuality and the important role parents play as the primary sexuality educators of their children.

About our Speaker: **Lis Maurer** has been a sexuality educator and consultant for more than 20 years. The American Association of Sex Educators has designated Maurer a Certified Sexuality Educator and Counselor. Maurer is the author of two books for professionals working with people with developmental disabilities:

Positive Approaches: A Sexuality Guide for Teaching Developmentally Disabled Persons, 1991, which received the StarLink Award from Planned Parenthood Federation of America, and Talking Sex! Practical Approaches and Strategies for Working with People Who have Developmental Disabilities When the Topic is Sex, 1999. Maurer is an international speaker.

Date: February 9, 2012

Time: 10 a.m. to 12 p.m.

Location: Tompkins County Human Services Building
Beverly Livesay Conference Room
320 West State Street
Ithaca, NY

To register: Send an email with the subject line **Ithaca** to Register@FamilyRN.org. Please call 607-432-0001 for more information.



Families Together in NYS Legislative Awareness Day

Decisions are being made in Albany that will determine what type of mental health services will be available to children, youth and families in our state. Please join us to learn about this year's policy issues and share your concerns with policymakers.

Legislative Awareness Day and Luncheon

Tuesday, February 14, 2012
 Convention Center, The Egg, Empire State Plaza, Albany
 12:30 to 2:30 Lunch and Speakers

10:00 to 1:00 registration--chapters and members may want to schedule meetings
 11:00 workshop on Families Together's Policy Agenda for those who have scheduled meetings

For more information: www.ftnys.org * 518-432-0333 or 1-888-326-8644 ♦ rfoster@ftnys.org

Southern Tier Special Education Parent Center

Webinars

Beginning in February we will be bringing training to you via the internet.

Look for upcoming topics and registration information on our websites:

www.ParentCenteratFRN.org and www.FamilyRN.org

You must register to attend. To participate in the live webinar and be able to ask questions, you must attend the at the scheduled time.

Archived webinars may be viewed at your convenience.

Therapeutic Play for Individuals with Social and Communication Impairments

Recent studies have shown that there is a positive relationship between play and the development of cognitive, communication and social skills in children. There is also a positive effect on these domains if the play is directed by a parent or other adult. Our instructor, Phyllis Walsh, ACSW, will show us firsthand how bet to use the power of play to enhance the psychological and social well being of our loved ones with disabilities, including disabilities that make socialization and communication difficult.

About Our Speaker: **Phyllis-Ann Walsh, ACSW** has post-graduate training and experience in the principles of attachment therapy and Theraplay. Theraplay is highly successful with children that are developmentally delayed or have attachment issues.

Date: Thursday, February 16, 2012

Time: 10 a.m. to 12 p.m.

Place: Vestal Public Library

Conference Room

320 Vestal Pkwy. East

Vestal, NY

To register: Send an email with the subject line "**PLAY**" to Register@FamilyRN.org. Please call 607-432-0001 for more information.

FAMILY RESOURCE NETWORK SPRING CONFERENCE

Movement Based Learning ~ Featuring Cecilia Koester, M.Ed

April 19, 2012

Owego Treadway and Conference Center
110 NY Route 17C
Owego, NY

This experiential Conference will provide an in depth examination of how to use Brain Gym with children and adults, with specific adaptations for those with special needs.

Brain Gym is a unique program of physical activities that synchronizes body and mind to enhance learning and achievement for people of all ages and abilities.

Therapists, teachers, caregivers, parents and all those in caring professions will benefit from learning how to use Brain Gym to help individuals improve the following:

Concentration	Organization	Memory
Physical Coordination	Stress Management	
Reading Writing	Vision	Communication
		Behavior

Conference material is appropriate for working with individuals with all disabilities, including:

Autism	Down Syndrome	Sensory Disorders	Cerebral Palsy
Attention Deficit Disorder	Learning Disabilities	TBI	Physical Disabilities
and other Complex Developmental Issues			

Free to parents of a child with a disability. The cost for all other registrants is \$40.

To register go to www.familyrn.org or call 607-432-0001 for more information.

Navigating College Handbook and Website: Written for Autistic Students from Autistic Adults

Source: Autistic Self Advocacy Network (ASAN)

The Navigating College handbook is a first-of-its-kind resource written by autistic adults for autistic college students exploring the various aspects of the higher education experience. From traditional topics like classroom accommodations and dorm life to hot-button issues such as disclosure and sexuality, Navigating College provides first-person insights from current and past college students on the autism spectrum. Unlike many other resources written by parents or professionals, Navigating College is designed to be uniquely accessible and relevant to autistic people ourselves, utilizing the insight and perspectives that come from experience. Whether you're a student on the autism spectrum yourself, a parent or family member looking to purchase a copy for an autistic relative or an educator or disabilities services professional, we hope you enjoy and make good use of this valuable resource.

We are happy to announce that, along with Navigating College, we are also launching a dedicated website on autism and college issues: NavigatingCollege.org. This site will not only serve as our launch pad for the handbook, but as an ongoing resource for college students on the spectrum, family members, disability services professionals and others. Through regular blog posts from autistic college students detailing first-hand experiences, NavigatingCollege.org will offer original content that will extend and elaborate upon our handbook. In addition, many of our upcoming projects dealing with Autism and College will be featured on the site going forward. You can download an electronic copy of our handbook free of charge by going to NavigatingCollege.org.

“Stand Up, Speak Out and Eliminate Bullying”

A workshop for parents with *Dr. Larry Epstein*

March 15, 2012

6:00pm-9:00pm

SUNY Oneonta - Hunt Union Ballroom

Registration is required. Space is limited.

Parents register FREE!!

Registration will close no later than February 28, 2012

PARENT Workshop Overview

The Southern Tier Special Education Parent Center at Family Resource Network is pleased to offer this workshop featuring Dr. Larry Epstein, renowned bullying prevention trainer.

Several national incidents involving bullying have shown the damaging and sometimes fatal effect that bullying can have on students whether they are in elementary, middle or high school. In New York State, bullying in schools is being addressed through the Dignity for All Act (The Dignity Act). The Dignity Act was signed into law on September 13, 2010 and takes effect on July 1, 2012. By participating in this workshop, participants will be better able to define bullying, develop skills to create a bully prevention program and learn how to more effectively intervene to help both the child being bullied as well as the bully.

Objectives:

- Define bullying – including physical, verbal, social and cyber aggression and harassment.
- Discuss the NYS Dignity for All Act and the roles and responsibilities of schools, professionals, parents and the community.
- Help participants understand the roles of peers, parents, schools and community in supporting a bully-free community where children have safe and supportive environment free from discrimination, intimidation, taunting, harassment, and bullying at school, home and in the community. This will include information on the *Think:Kids'* approach, for students who do not respond to universal programming.
- Discuss individualized interventions for the bullied and the bully, including children with special needs.

To Register: Registration is required. Space is limited. There is NO COST for parents. Please send an email with the subject line Bullying to: Register@FamilyRN.org and include name, phone number and address in the email. *For more information call Nancy @ 607-432-0001*

To register by mail: Complete this form and return to: Family Resource Network, Inc. 46 Oneida St. Oneonta, NY 13280 Attn: Nancy

Name _____ Parent Guardian Person w/a Disability

Address: _____

Phone: _____

Email Address: _____

Please note: Register only ONE person per form please!!

“Creating a Positive, Bully-Free School Climate”

A workshop for professionals with *Dr. Larry Epstein*

March 16, 2012

9:00am-12:00pm

SUNY Oneonta - Hunt Union Ballroom

\$50 per agency/school registering 5 or fewer at the same time

\$100 per agency/school registering 6 or more at the same time

Registration will close no later than February 28, 2012

Larry Epstein, Ph.D., is the Director of School-Based Services for Think:Kids at Massachusetts General Hospital. He is also an Assistant in Psychology in the Department of Psychiatry at MGH and Clinical Instructor in Psychology in the Department of Psychiatry at Harvard Medical School. Prior to joining the Think:Kids team, Dr. Epstein worked for the Cherry Creek School District in Denver, Colorado for 17 years, during which time he helped develop the district's intensive treatment program for students with significant behavioral challenges. He is a nationally certified bully prevention trainer and helped found the non-profit organization Creating Caring Communities, where he served as Board President. Dr. Epstein published one of the first research articles demonstrating the effectiveness of the Bully-Proofing Your School program and co-wrote a chapter on sustainability of bullying prevention programs for the 2010 *Handbook of Bullying in Schools: An International Perspective*. Dr. Epstein also spent several years as a classroom teacher, teaching social-emotional skills to students in a general education setting.

PROFESSIONAL Workshop Overview

The Southern Tier Special Education Parent Center at Family Resource Network is pleased to offer this workshop featuring Dr. Larry Epstein, renowned bullying prevention trainer.

Several national incidents involving bullying have shown the damaging and sometimes fatal effect that bullying can have on students whether they are in elementary, middle or high school. In New York State, bullying in schools is being addressed through the Dignity for All Act (The Dignity Act). The Dignity Act was signed into law on September 13, 2010 and takes effect on July 1, 2012. By participating in this workshop, participants will be better able to define bullying, develop skills to create a bully prevention program and learn how to more effectively intervene to help both the child being bullied as well as the bully.

Objectives:

- Define bullying – including physical, verbal, social and cyber aggression and harassment.
- Discuss the NYS Dignity for All Act and the roles and responsibilities of schools, professionals, parents and the community.
- Help participants design a school-wide program which supports a bully-free school climate where students have safe and supportive environment free from discrimination, intimidation, taunting, harassment, and bullying on school property, a school bus and/or at a school functions. This will include information on the *Think:Kids'* approach, for students who do not respond to universal programming.
- Discuss individualized interventions for the bullied and the bully, including children with special needs.

To Register: One person from each school/agency must register attendees **at the same time** to qualify for the discounted rate. Please send an email to: Register@FamilyRN.org and include the names of all participants as well as your intended method of payment (Check, Purchase Order)
For more information call Nancy @ 607-432-0001

The Family Resource Network, Inc
46 Oneida St.
Oneonta, NY 13820

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If you receive **duplicate** copies, have a **name change**, would like to be **removed** or would prefer to receive your newsletter **electronically**, please send an email to **info@familyrn.org**



**Open the door to the
world for your child**

46 Oneida St.
Oneonta, N.Y. 13820

Phone: 607-432-0001

1-800-305-8814

Fax: 607-432-5516

E-mail: info@familyrn.org

Website: www.familyrn.org

The Dignity for All Students Act

The goal of this act is to create a safe and supportive school climate where students can learn and focus, rather than fear being discriminated against and/or verbally and/or physically harassed.

More information can be located at:

www.p12.nysed.gov/dignityact
<http://nyscenterforschoolsafety.org>
or contact FRN at 607-432-0001

Please check our websites (www.FamilyRN.org and www.ParentCenteratFRN.org) for cancellations/changes. Workshops may be cancelled due to poor weather conditions and/or low registration. Locations may also change to accommodate registrations.